SEQUENCE--MOVEMENT

MOV	\rightarrow	CONTENT		
Model sustained	\rightarrow			
movement (songs &				
chants)	\downarrow			
Model macro/micro	\rightarrow			
beatstonguing/				
resting tone squat	↓			
Model macro/micro				
bounce/rock				
Model jump	$\downarrow \rightarrow$			
Model/engage	\rightarrow			
Rock/twist	↓			
Rhythm playprops	\rightarrow			
macro/micro	↓			
Model sustained				
movtrecordings;				
songs/chants	↓			
Model sustained				
movement-art songs				
Engage Sustained	\rightarrow			
movement in art				
songs	↓			
Engage rhythmic	\rightarrow			
movement in chants	↓			
Engage rhythmic	\rightarrow			
movement in songs	↓			
Fancy Footwork;	\rightarrow			
chants	↓			
Fancy Footwork;	\rightarrow			
songs	↓			

Engage sustained	\rightarrow			
movement in				
performance	\downarrow			