

Lesson Plans

Numbers at the top of the columns refer to week of instruction, with each semester being 16 weeks. Some examples below are drawn from the middle of the term. All classes met once a week. All materials below are from the Come Children Sing Institute SONG LIBRARY, except for the standard folk songs and standard choral repertoire.

Beginning Group—Ages 0-5 with parent—45 minute class.

	1	2	3	4
Round and Round	R&R	R&R	R&R	R&R
RECORDER	* 1150	* 2250	* 3250	* 4250
DRUM	* 100	* 201	* 301	* 401
---	Everybody Follow Me	Who Can Walk Like a Duck?	Put Your Hands Up High	We're Gonna Walk Around
T SONG	1100	2200	3200	4200
R CHANT	102	201	301	401
---	David Has a Dirty Face	David Looks So Special	I Know a Little Boy	I Have a Friend
RECORDER	* 2150	* 3150	* 4150	* 5150
DRUM	* 200	* 300	* 400	* 202
---	I Can Be	Let's Walk in the Rain	I Went to the Zoo	Let's Make a Train
T SONG	2100	3100	4100	5100
R CHANT	200	300	400	202
---	Today's a Special Day	We are In a Family	All Around the Town	Babysitter
Merry Go Round	MGR	MGR	MGR	MGR
R CHANT (sticks)	101	200	100	103
T SONG	7200	1200	2101	3101
---	Peek-a-boo	Go Go Stop	I'll Race You	I'm Gonna Tickle You
Let's Go For a Ride	GRR school bus	GFR garbage truck	GFR airplane	GFR dump truck
Rhythm Dialogue	RD 100	RD 101	RD 200	RD 201
Resting Tone	RT 1100	RT 2100	RT 3200	RT 4200
Time to Say Goodbye	TSG	TSG	TSG	TSG

Advanced Activities—additional 10 minutes for children ages 2-5 who had been in the above program for one semester, plus 12 weeks that precede these lessons). (Parents in attendance, but activities entice children to independent response.)

	13	14	15	16
Immersion	Fly Swatters—Minor (syllables)	Hammers—Duple (syllables)	Mirrors—Mixolydian (syllables)	Megaphones—Triple (syllables)
Syllables/ discrimination	Puppet—Rigatoni—shifting meters (syllables)	Puppet—Babushka—shifting tonalities (syllables)	Puppet—Rigatoni—shifting meters (syllables)	Puppet—Babushka—shifting tonalities (syllables)
Dialogue	microphone—Minor	paint brushes—Duple	microphone—Major	Firemen with hats and rope—Triple
Movement	Drums—hat like Rigatoni—shifting meters	Scarves—hat like Babushka—shifting tonalities	Drums—hat like Rigatoni—shifting meters	Scarves—hat like Babushka—shifting tonalities

Children ages 2 & 3 who had been in the program above (with Advanced Activities) for at least one semester. (Parents in attendance, but interactive entries designed to draw children independently.) 45 minutes-1 hr classes. (Saturation refers to immersion. Discrimination activities are with rhythm and tonal syllables.)

	1	2	3	4
SATURATION	Hammers—Triple	Baskets—Dorian	Fly Swatters—Phrygian	Hats—Minor
DISCRIMINATION	Puppets Duple/Triple	Puppets Dorian/mixo	Puppets Phrygian/Lydian	Puppets Major/Minor
MOVEMENT	Bean Bag Jump—Aeolian	Rope—Duple	Pom Pons—Triple	Hoops—Duple
DIALOGUE	Microphone—Triple	Bake Cookies—Duple	Planting flowers—Triple	McDonald's—Duple
LISTENING—SONG/CHAN	*260	1120	3220	7120
LISTENING—RECORDING	Tape 3	Tape	Tape	Tape
CORNER SONG	Bought Me A Rooster	Hush Little Baby	Bought Me a Cat	Train Is A Comin'
READING—CLASS	Aeolian	Dorian	phryg	Minor
READING—HOME	Triple 1	Dorian 1	phryg 1	Minor 1
PLAY PARTY	Up On the Mountain	Captain Jinx	Under the Chair	Skip to My Lou

Children 4 & 5, not yet in Kindergarten, who had been in each program above for one year. (Parents in Attendance, but interactive entries designed to draw children independently.) 1 hour classes.

	1	2	3	4
SATURATION	Sponge blocks—Triple (<i>rolling pins</i>)	Mirrors—Mixolydian	Sticks—Duple	sticks—Triple
DISCRIMINATION	Jester—Triple stories	Jester—mixo	Dialogue sticks	Dialogue sticks
MOVEMENT	laundry baskets—Dorian	batons—Duple	Rhythm Pipes—Un Pr	pumpkins—Dorian
DIALOGUE	Walkie Talkies—Dorian	Rhythm Birds—Duple	Kazoos—mixo	*Little Bubble
LISTENING—SONG	***Recorders—Triple, Dorian	***Recorders—Duple, mixo	The Sun—play with movement	*upbeat patterns—dialogue
LISTENING—RECORDING	*** (<i>with sustained movement</i>)	*** (<i>with sustained movement</i>)	*** (<i>with sustained movement</i>)	*** (<i>with sustained movement</i>)
CORNER SONG	Coming Round the Mountain	Cotton Eyed Joe	I've Been Working on the Railroad	Hush Little Baby
READING—CLASS	Triple	Duple	Un Pr	Un UnPr (223)
READING—HOME	Triple—3 trucks	Duple—3 cars	Un Pr—3	Un UnPr 3
PLAY PARTY	Under the Chair	I Need a Partner	Skip to My Lou	Hat Song

Kindergarten-First Grade Chorus, for those who had been through the preschool programs above. 1 hour rehearsals.

	5	6	7	8
WARM-UP	Triple—sustained—improv	Un Pr sustained fancy footwork	Combined sustained fancy footwork	Un UnPr sustained
SONG 1	DMV 131 Go Out	Valentine—OYS	CB 67 Fawn	CB 54 Moon
SONG 2	Aeolian—call response *5100	Aeolian—call response *5100 Snowflake	Snow 149 White Fields Snowflake	Snow (new technique)
ACTIVITY 1	Doodlelee	Doodlelee	Solos—Snail	Pretty Flowers 142
ACTIVITY 2	Pom Pons—shifting meters	Pom Pons—shifting meters	Pom Pons—shifting meters	Weasel
READING	2/1, 2/2 Dorian 3/1 indiv Dorian	T/R 3/12-3/13	T/R 3/12	Tonal Dorian 2/3-4 3/1 indiv Dorian
WRITING			Writing T/R with demo	
SONG 3	White Fields	Sea Calm	Little Snail	Poem
SONG 4	Winter Moon	Autumn Thought	Go Out Children 131	Two Children

2nd-7th Grade Chorus—for those who had been in the chorus above through first grade. 1 hour rehearsals.

	5	6	7	8
WARM-UP	Triple—sustained	Un Pr	Combined meter	Mixed meters
	Major	Phrygian	Dorian	Dorian
SONG 1	Ching a Ring Chaw	December 2 pt.	New Dorian Song	Dorian Song
SONG 2	December Day	African Dance	Snowflake	Two part Phrygian
SONG 3	African Dance	The Dream Keeper	2 part Phrygian	Ogden Nash— Egg Panther
READING	Macro/micro Duple Unit 4/16-17	Reading Marathon Rhythm	Reading Marathon— Tonal	Combined Meter
WRITING				
SONG 4	Panther	Tryouts	The Dream Keeper	Sara Teasdale
SONG 5	Egg	Ching a Ring Chaw	Ching a Ring Chaw	Tryouts

HONORS CHORUS—for those in above group, 3rd-7th grade, who chose to “Honor” the teacher with their presence for an additional half hour. Generally standard choral repertoire.

	5	6	7	8
SONG 1	Fancie	Ave Verum	Laudamus Te	Laudamus Te
SONG 2	Ave Verum	Sound the Trumpet	Sound the Trumpet	Ave Verum
SONG 3	Laudamus Te	Laudamus Te	Ave Verum	Sound the Trumpet
SONG 4	Jeans (hats/canes)	Jeans	Jeans	Jeans

New Children’s Chorus, Beginners, Grades 1-4; Week 2; 1 hour rehearsals.

Triple	200-210 Playparty
Phrygian	Recorder—*3150
	3100
	The Little Fly
Duple	110
	RD 110 Microphone
Mixolydian	2100

	RT 2100 Puppet
	Fish In the River
	Wake Up Jacob
	A Little Cock Sparrow
Unusual Paired	Drum—*300
	300
Song	Funny Clown
Aeolian	5200
	Little Beppo Bippo
	Where Are My Roses?
	Flat Flounder

Lesson Plans for English speaking Jakarta International School. Demonstrations for teachers with various groups of children. (Each song is introduced after preceding tonality activity in the same tonality.) Some songs beyond children musically, but used for demonstration for teachers.

Preschool Option 1	Preschool Option 2	Preschool Option 3
Hello	Duple Chant—circle	Triple Chant—circle
Drum—Duple	Rhythm Patterns/Dialogue	Macro/Micro—Puppet
Duple—move	Phrygian—song/Puppet RT	Mixolydian—song
Recorder—Dorian	Little Fly	Mixolydian—Fish, move
Dorian—Song	Drum—Unusual Paired	Chant—Un UnPr—macro/micro
Resting Tone—squat	Chant—Unusual Paired	Minor—song
Frog and the Cherry Petal	Lydian—song	Moths
Un Pr—move	Never in a Hurry	Camel
Otto Would a Riding Go	Under the Chair	Hurry Up Engine

Grade 1	Grade 2	Grade 4
Duple Chant—circle	Drum—Triple	Triple Patterns
Mixolydian—song	Triple—Patterns	Macro/Micro—Triple
Fish	Lydian/Puppet RT	Rhythm Dialogue
Wake Up Jacob	Never in a Hurry	Dance to Your Daddie
Drum—Un Pr	Parakeet	Un UnPr—chant
Aeolian—Song	Drum—Unusual Paired	Phrygian—song
Resting Tone—squat	Minor—song	Resting Tone—Phrygian

Modest Violet	Moths	RT—individual response
Where Are My Roses?	The Leaves Fall	Butterflies

Middle School	Middle School	Chorus
Duple Drum	Triple Chant	Un Pr—warm up
Duple—move; sports	Triple—Patterns	A Little Cock Sparrow
Duple—Macro micro	Aeolian song	Minor Song
Phrygian—recorder	Aeolian Resting Tone	Resting Tone—Minor
Phrygian—song, sustained	Un UnPr—movement	Plum Blossoms
Phrygian—Little Fly	Bumblebee	Autumn Thought
Ant	Chant/Un UnPr Dorian—song	Unusual Unpaired
Un UnPr—drum	Dorian—Pair of Butterflies	Mixolydian—song
Un UnPr—move	Yak	Penguin

Demonstration with 7-year olds for national music teachers' conference in Vilnius, Lithuania. Children spoke no English. Teacher spoke no Lithuanian.

Duple	Playparty—Duple
Dorian	Recorder *1150
	Resting Tone Rabbit
	Frog and the Cherry Petal
Triple	Triple MM
Mixolydian	Mixo 2101
	Wake Up Jacob
Un Pr	Drum—Un Pr
Phrygian	Phrygian 3201
	Ant
Duple	Dialogue—Hand Mike
	Dancing Doggie—Duple
	It's Time to Say Goodbye